

## Firstfruits Registration Form

\_\_\_\_\_ **Soup Dinner 5:30-6:30**

**Evening, Jan. 23 6:30—8:15**

5:30—6:30 Check-In

6:30—6:45 Music/Welcome

6:45—8:15 Check if you are attending:

\_\_\_\_\_ Living in the Spirit (Mary Crane)

**Morning, Jan. 24 9:30—11:15**

9:00—9:30 Check-In

9:00—11:15 Childcare (FREE)(pre-regis. required)

9:30—9:45 Music/Welcome

9:45—11:15 Check if you are attending:

\_\_\_\_\_ Cup of Life ... Embracing the Joys and Sorrows of Life (Carol Sullivan)

\_\_\_\_\_ **Lunch & Free Time 11:15-1:00**

### Optional Mini-Sessions (\$10):

\*\*Space is limited to specific time slots. **Signup online** for any of these sessions or **call or email** Joan Carey at 262-271-7859 or Firstfruits.Joan@gmail.com on a first-come basis.

\_\_\_\_\_ **Individual Spiritual Direction** with Carol Sullivan or Elizabeth Neubauer (12:00 or 12:30 -- 25 mins each)

\_\_\_\_\_ **Chair Massage** with Pam Poglisch (11:15-1:00 -- 15 minutes each-7 slots)

### FREE Opportunity:

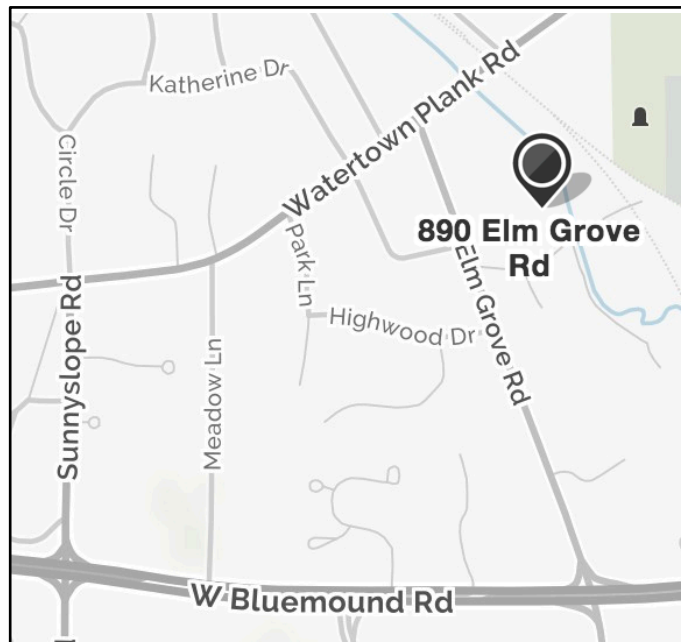
\_\_\_\_\_ **Prayer Partners** with Thelma Walker (FREE) (11:45-1:00 -- 15 mins each-3 slots)

**Afternoon, Jan. 24, 1:00—2:30**

Check if you are attending:

\_\_\_\_\_ Living in the Spirit (Mary Crane)

**Location:** 890 Elm Grove Rd,  
Building 2, Suite 6  
Elm Grove, WI



### Registration Options:

- Register online at [www.firstfruits.info](http://www.firstfruits.info)
- Turn in or mail paper registration form to  
Firstfruits  
890 Elm Grove Rd  
Village Court  
Building 2, Suite 6  
Elm Grove, WI 53122
- Contact Joan Carey at 262-271-7859 or email [Firstfruits.Joan@gmail.com](mailto:Firstfruits.Joan@gmail.com)

**Payment due upon arrival on day of event. At this time we only accept cash or checks on site.**

## A Gathering of Women



**Jan. 23-24,  
2019**

**Mini-Retreat**

**Firstfruits  
Faith Center**

890 Elm Grove Rd

Village Court

Elm Grove, WI 53122

262-271-7859

[www.firstfruits.info](http://www.firstfruits.info)

## WELCOME!

We're so glad you'll be joining us for a Firstfruits mini-retreat. The session times are:

- Wednesday Evening: 6:30-8:15pm
- Thursday Morning: 9:30-11:15am
- Thursday Afternoon: 1:00-2:30pm
- Optional Thursday Mini-Sessions: 11:15am-1:00pm

Register for some or all four sessions. In between sessions, come relax in the Kiwi-Café with a cup of coffee and a variety of homemade goodies. You are also welcome to join us for a lunch (Thursday 11:15-1:00) and/or soup dinner (Wednesday 5:30-6:30).

## Offering Descriptions...

**Living in the Spirit** ~ Here we are at that time of the year again when New Year's resolutions will be made - and will be broken - usually in about a month! The reality is our habits do control us, despite our longing for something more... So what does "living in the Spirit" mean or look like? We will be reflecting on Romans 8 to learn about the role of the Holy Spirit in our daily lives so that we can let go of our "old self" and truly live Christ's way of peace, hope and love.

**Mary Crane**, M.A.T.,  
Adjunct Instructor at Messiah College  
Former Pastoral Associate/Director  
of Religious Education

**Chair Massage** ~ Massage could enhance your spiritual experience with prayer, massage, and oils. Each session is 15 minutes running between 11:15—1:00.  
Pam Poglitsch

## Offering Descriptions...

**The Cup of Life ... Embracing the Joys and Sorrows of Life** ~ What can a simple, ordinary cup say to us about joy, sorrow, blessing, and healing? How can we more fully and consciously hold, lift, and drink the cup of our everyday life like Jesus did? This presentation will open us up to recognize God's presence in all aspects of life as we begin the New Year.

**Carol Sullivan**,

Retreat Leader, Spiritual Director

**Spiritual Direction** ~ The spiritual life opens up great adventures as it takes the soul nearer to God. Those who take the spiritual life seriously can expect times of consolation and desolation, times when God seems near and times when God seems distant. Spiritual direction offers the skills of a trained listener to walk with the seeker through the ups and downs of the spiritual journey. Lead by prayer and the guidance of the Holy Spirit, spiritual direction helps the seeker discover where the rhythms of God are in life.

**Carol Sullivan or Elizabeth Neubauer**

**Prayer Partners** ~ Prayer is the foundation of our spirituality. Prayer is to our spirituality, as gasoline is to a car. Without prayer we go nowhere in our friendship with the Lord. If we want a relationship with the Lord, prayer is a MUST. Let's take to heart Jesus' words: "*Where two or more are gathered in my name, there I am in their midst.*" Come, join Thelma Walker in growing our relationship with the Lord through our prayer together.

**Thelma Walker**,

Certificates in Theology and Adult & Family Ministry,  
Past Director, Office for Women, Milwaukee Archdiocese

## Firstfruits Registration Form

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City, Zip: \_\_\_\_\_

Parish: \_\_\_\_\_

- FREE Childcare needed for Thursday morning (9:00-11:15) **(pre-registration required)**  
Names and ages of children:  
\_\_\_\_\_  
\_\_\_\_\_

Registered for \_\_\_\_ session(s) \$\_\_\_\_  
(\$15/session)

Registered for mini-session(s) \$\_\_\_\_  
(\$10/mini-session)

Lunch (11:15-1:00) (\$7) \$\_\_\_\_

Soup Dinner (5:30-6:30) (\$7) \$\_\_\_\_

### Are you a Firstfruits Member?

Members take half off of total (50% off) - \$\_\_\_\_

**Total enclosed** \$\_\_\_\_  
**Payment due upon arrival on day of event.**

(Please make checks payable to **Firstfruits**.)  
(At this time we only accept cash or checks on site.)

**Thank You for registering!**